



# 2008 Indoor Track Program Performance Lists

(Final March 2008)

## 60 Meters

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uO Men's Record	6.79	Michael Nicolini	1998
OUA Qualifying	7.44		
CIS Auto Qualifying	6.75		

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<b>7.04</b>	<b>(6)</b>	<b>Balarama Holness</b>	<b>(83)</b>	<b>Windsor</b>	<b>Feb. 23</b>
7.05	(H2)	Holness		Windsor	Feb. 22
7.07	(Sf6)	Holness		Windsor	Feb. 23
7.08	(Sf3)	Holness		Ottawa	Jan. 25
7.09	(Sf3)	Holness		Ottawa	Jan. 19
7.09	(5)	Holness		Montreal	Jan. 25
7.12	(5)	Holness		Ottawa	Jan. 19
7.12	(3)	Holness		Ottawa	Feb. 2
7.13	(Sf2)	Holness		Ottawa	Feb. 2
<b>7.05</b>	<b>(3)</b>	<b>Michael Robertson</b>	<b>(89)</b>	<b>Ottawa</b>	<b>Jan. 19</b>
7.05	(Sf2)	Robertson		Ottawa	Jan. 19
7.06	(Sf 3)	Robertson		Ottawa	Jan. 12
7.12	(3)	Robertson		Ottawa	Jan. 12
<b>7.06</b>	<b>(Sf 4)</b>	<b>Tony Risling</b>	<b>(89)</b>	<b>Ottawa</b>	<b>Jan. 12</b>
7.08	(3)	Risling		Ottawa	Dec. 12
7.08	(4)	Risling		Ottawa	Jan. 19
7.09	(H2)	Risling		Windsor	Feb. 22
7.10	(Sf 2)	Risling		Ottawa	Dec. 12
7.10	(2)	Risling		Ottawa	Jan. 12
7.10	(10)	Risling		Montreal	Feb. 16
7.11	(Sf7)	Risling		Windsor	Feb. 23
7.12	(7)	Risling		Windsor	Feb. 23
7.13	(Sf5)	Risling		Montreal	Jan. 25
7.13	(4)	Risling		Ottawa	Feb. 2
7.14	(Sf6)	Risling		Ottawa	Jan. 19
7.14	(Sf3)	Risling		Ottawa	Feb. 2
7.15	(8)	Risling		Montreal	Jan. 25
7.18	(Sf10)	Risling		Montreal	Feb. 16
<b>7.22</b>	<b>(12)</b>	<b>Tony Despres-Bedward</b>	<b>(87)</b>	<b>Montreal</b>	<b>Feb. 16</b>
7.25	(Sf12)	Despres-Bedward		Montreal	Feb. 16
7.27	(14)	Despres-Bedward		Montreal	Jan. 25
7.28	(Sf13)	Despres-Bedward		Montreal	Jan. 25
7.29	(H3)	Despres-Bedward		Windsor	Feb. 22
7.30	(Sf 6)	Despres-Bedward		Ottawa	Dec. 12
7.30	(Sf9)	Despres-Bedward		Ottawa	Jan. 19
7.32	(Sf11)	Despres-Bedward		Ottawa	Feb. 2
7.32	(8)	Despres-Bedward		Ottawa	Feb. 2
7.46	(Sf13)	Despres-Bedward		Windsor	Feb. 23
<b>7.26</b>	<b>(Sf 8)</b>	<b>Olivier Gauthier-Kwan</b>	<b>(89)</b>	<b>Ottawa</b>	<b>Jan. 12</b>
7.31	(Sf10)	Gauthier-Kwan		Ottawa	Jan. 19
7.32	(Sf17)	Gauthier-Kwan		Montreal	Jan. 25
7.32	(Sf18)	Gauthier-Kwan		Montreal	Feb. 16
<b>7.49</b>	<b>(Sf 13)</b>	<b>Tyler Fawcett</b>	<b>(88)</b>	<b>Ottawa</b>	<b>Jan. 12</b>
<b>7.75</b>	<b>(Sf14)</b>	<b>Chris Weatherhead</b>	<b>(89)</b>	<b>Ottawa</b>	<b>Feb. 2</b>

7.77	(Sf20)	Weatherhead		Ottawa	Jan. 12
7.81	(Sf46)	Weatherhead		Montreal	Jan. 25
<b>7.85</b>	<b>(Sf47)</b>	<b>Michael Weatherhead</b>	<b>(89)</b>	<b>Montreal</b>	<b>Jan. 25</b>
7.87	(Sf 23)	Weatherhead		Ottawa	Jan. 12
7.91	(Sf15)	Weatherhead		Ottawa	Feb. 2

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uO Women's Record      7.63      Christiane Lela      2008

OUA Qualifying      8.41  
CIS Auto Qualifying      7.65

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<b>7.63</b>	<b>(2)</b>	<b>Christiane Lela</b>	<b>(88)</b>	<b>Montreal</b>	<b>Mar. 6</b>
7.65	(2)	Lela		Windsor	Feb. 23
7.68	(Sf4)	Lela		Montreal	Mar. 6
7.71	(2)	Lela		Montreal	Jan. 25
7.72	(Sf4)	Lela		Windsor	Feb. 23
7.77	(H2)	Lela		Windsor	Feb. 22
7.78	(Sf1)	Lela		Montreal	Jan. 25
7.81	(1)	Lela		Ottawa	Jan. 12
7.83	(2)	Lela		Ottawa	Feb. 2
7.86	(2)	Lela		Ottawa	Jan. 19
7.88	(Sf1)	Lela		Ottawa	Feb. 2
7.90	(Sf 2)	Lela		Ottawa	Jan. 19
7.94	(Sf 2)	Lela		Ottawa	Jan. 12
<b>8.12</b>	<b>(7)</b>	<b>Christine Fraser</b>	<b>(87)</b>	<b>Montreal</b>	<b>Feb. 16</b>
8.17	(4)	Fraser		Ottawa	Feb. 2
8.23	(6)	Fraser		Ottawa	Jan. 19
8.23	(Sf 4)	Fraser		Ottawa	Feb. 2
8.23	(H5)	Fraser		Windsor	Feb. 22
8.26	(Sf 11)	Fraser		Ottawa	Jan. 12
8.26	(Sf 6)	Fraser		Ottawa	Jan. 19
8.30	(Sf11)	Fraser		Montreal	Feb. 16
<b>8.17</b>	<b>(4)</b>	<b>Julia Tousaw</b>	<b>(89)</b>	<b>Ottawa</b>	<b>Jan. 19</b>
8.18	(Sf 5)	Tousaw		Ottawa	Jan. 12
8.21	(Sf 5)	Tousaw		Ottawa	Jan. 19

## 60m Hurdles

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uO Men's Record      8.26      Tyler Fawcett      2008

OUA Qualifying      8.97  
CIS Auto Qualifying      8.36

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<b>8.26</b>	<b>(3)</b>	<b>Tyler Fawcett</b>	<b>(88)</b>	<b>Windsor</b>	<b>Feb. 23</b>
8.28	(5)	Fawcett		Montreal	Mar. 7
8.32	(Sf5)	Fawcett		Montreal	Mar. 7
8.36	(H1)	Fawcett		Windsor	Feb. 22
8.37	(Sf2)	Fawcett		Montreal	Feb. 16
8.42	(1)	Fawcett		Montreal	Feb. 16
8.48	(1)	Fawcett		Ottawa	Feb. 2
8.50	(Sf5)	Fawcett		Montreal	Jan. 25
8.51	(Sf4)	Fawcett		Windsor	Feb. 23
8.52	(3)	Fawcett		Montreal	Jan. 25
8:58	(Sf1)	Fawcett		Ottawa	Feb. 2
8.66	(1)	Fawcett		Ottawa	Jan. 19
8.71	(2)	Fawcett		Ottawa	Jan. 12
<b>8.76</b>	<b>(4)</b>	<b>Olivier Gauthier-Kwan</b>	<b>(89)</b>	<b>Montreal</b>	<b>Feb. 16</b>

8.86	(Sf5)	Gauthier-Kwan	Montreal	Feb. 16
9.04	(Sf12)	Gauthier-Kwan	Windsor	Feb. 23
9.05	(H4)	Gauthier-Kwan	Windsor	Feb. 22
9.11	(Sf11)	Gauthier-Kwan	Montreal	Jan. 25
9.12	(Sf4)	Gauthier-Kwan	Ottawa	Feb. 2
9.16	(5)	Gauthier-Kwan	Ottawa	Feb. 2

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<b>uO Women's Record</b>	<b>8.64</b>	<b>Leanne Wall</b>	<b>1994</b>	
OUA Qualifying	9.65			
CIS Auto Qualifying	8.76			

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**9.87 (Sf9) Julia Tousaw (89) Montreal Jan. 26**

## 150 Meters

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<b>uO Men's Record</b>	<b>Dome Track 16.46</b>	<b>Todd Pyper</b>	<b>2007</b>	
OUA Qualifying	X			
CIS Auto Qualifying	X			

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**16.86 (3) Tony Risling (89) Ottawa Dec. 12**

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<b>uO Women's Record</b>	<b>Dome Track 18.88</b>	<b>Christiane Lela</b>	<b>2007</b>	
OUA Qualifying	X			
CIS Auto Qualifying	X			

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**18.88 (1) Christiane Lela (88) Ottawa Dec. 12**

## 200 Meters

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<b>uO Men's Records</b>	<b>200m Track 22.27</b>	<b>Balarama Holness</b>	<b>2008</b>	
	<b>Dome Track 22.11</b>	<b>Michael Robertson</b>	<b>2008</b>	
OUA Qualifying	X			
CIS Auto Qualifying	21.48 / 21.22	(200m Track / Dome Track)		

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<b>22.11</b>	<b>(2)</b>	<b>Michael Robertson</b>	<b>(89)</b>	<b>Ottawa</b>	<b>Jan. 12</b>
22.32	(1)	Robertson		Boston	Feb. 8
<b>22.27</b>	<b>(1)</b>	<b>Balarama Holness</b>	<b>(83)</b>	<b>Boston</b>	<b>Feb. 8</b>
<b>22.88</b>	<b>(1)</b>	<b>Olivier Gauthier-Kwan</b>	<b>(89)</b>	<b>Boston</b>	<b>Feb. 8</b>
23.40	(11)	Gauthier-Kwan		Ottawa	Jan. 12
<b>22.90</b>	<b>(6)</b>	<b>Tony Risling</b>	<b>(89)</b>	<b>Ottawa</b>	<b>Jan. 12</b>
<b>23.42</b>	<b>(4)</b>	<b>Tony Despres-Bedward</b>	<b>(87)</b>	<b>Boston</b>	<b>Feb. 8</b>
<b>24.32</b>	<b>(3)</b>	<b>Chris Weatherhead</b>	<b>(89)</b>	<b>Boston</b>	<b>Feb. 8</b>
24.46	(19)	C Weatherhead		Ottawa	Jan. 12
<b>24.95</b>	<b>(4)</b>	<b>Michael Weatherhead</b>	<b>(89)</b>	<b>Boston</b>	<b>Feb. 8</b>

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uO Women's Records	200m Track	24.86	Christiane Lela	2008
	Dome Track	25.68	Christiane Lela	2008

OUA Qualifying X  
 CIS Auto Qualifying 25.49 / 25.35 (200m Track / Dome Track)

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<b>24.86</b>	<b>(2)</b>	<b>Christiane Lela</b>	<b>(88)</b>	<b>Boston</b>	<b>Feb. 9</b>
25.68	(1)	Lela		Ottawa	Jan. 12
<b>26.36</b>	<b>(3)</b>	<b>Julia Tousaw</b>	<b>(89)</b>	<b>Ottawa</b>	<b>Jan. 12</b>
<b>27.32</b>	<b>(5)</b>	<b>Christine Fraser</b>	<b>(88)</b>	<b>Boston</b>	<b>Feb. 9</b>

## 300 Meters

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uO Men's Records	200m Track	34.20	Michael Robertson	2008
	Dome Track	33.94	Michael Robertson	2008

OUA Qualifying 37.83 / 37.40  
 CIS Auto Qualifying 34.55 / 34.12

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<b>33.94</b>	<b>(1)</b>	<b>Michael Robertson</b>	<b>(89)</b>	<b>Ottawa</b>	<b>Jan. 19</b>
34.20	(Sf1)	Robertson		Montreal	Mar. 7
34.46	(2)	Robertson		Montreal	Mar. 7
35.29	(1)	Robertson		Windsor	Feb. 23
<b>34.76</b>	<b>(2)</b>	<b>Brian Cummings</b>	<b>(86)</b>	<b>Ottawa</b>	<b>Feb. 2</b>
35.39	(3)	Cummings		Windsor	Feb. 23
<b>35.00</b>	<b>(3)</b>	<b>Balarama Holness</b>	<b>(83)</b>	<b>Ottawa</b>	<b>Feb. 2</b>
35.43	(4)	Holness		Windsor	Feb. 23
35.56	(4)	Holness		Ottawa	Jan. 19
36.50	(14)	Holness		Montreal	Jan. 26
<b>36.39</b>	<b>(7)</b>	<b>Tyler Fawcett</b>	<b>(88)</b>	<b>Ottawa</b>	<b>Jan. 19</b>
37.57	(29)	Fawcett		Montreal	Jan. 26
<b>36.45</b>	<b>(11)</b>	<b>Tony Risling</b>	<b>(89)</b>	<b>Montreal</b>	<b>Jan. 26</b>
36.52	(8)	Risling		Ottawa	Jan. 19
<b>36.96</b>	<b>(12)</b>	<b>Tony Despres-Bedward</b>	<b>(87)</b>	<b>Ottawa</b>	<b>Jan. 19</b>
37.60	(30)	Despres-Bedward		Montreal	Jan. 26
<b>38.84</b>	<b>(42)</b>	<b>Chris Weatherhead</b>	<b>(89)</b>	<b>Montreal</b>	<b>Jan. 26</b>
39.31	(19)	Weatherhead		Ottawa	Feb. 2
<b>40.03</b>	<b>(21)</b>	<b>Michael Weatherhead</b>	<b>(89)</b>	<b>Ottawa</b>	<b>Feb. 2</b>
40.82	(51)	Weatherhead		Montreal	Jan. 26

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uO Women's Records	200m Track	39.29	Christiane Lela	2008
	Dome Track	39.93	Christiane Lela	2008

OUA Qualifying 43.92 / 43.69  
 CIS Auto Qualifying 40.16 / 39.93

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<b>39.29</b>	<b>(3)</b>	<b>Christiane Lela</b>	<b>(88)</b>	<b>Montreal</b>	<b>Mar. 7</b>
39.80	(1)	Lela		Montreal	Jan. 26
39.80	(Sf6)	Lela		Montreal	Mar. 7

39.93	(2)	Lela		Ottawa	Jan. 19
39.95	(3)	Lela		Windsor	Feb. 23
40.17	(1)	Lela		Ottawa	Dec. 12
<b>40.41</b>	<b>(3)</b>	<b>Julia Tousaw</b>	<b>(89)</b>	<b>Montreal</b>	<b>Feb. 16</b>
40.44	(3)	Tousaw		Ottawa	Jan. 19
41.15	(10)	Tousaw		Windsor	Feb. 23
<b>44.71</b>	<b>(5)</b>	<b>Christine Fraser</b>	<b>(87)</b>	<b>Ottawa</b>	<b>Feb. 2</b>
44.78	(18)	Fraser		Montreal	Feb. 16
45.53	(12)	Fraser		Ottawa	Jan. 19
45.70	(37)	Fraser		Montreal	Jan. 26

## 400 Meters

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uO Men's Records	200m Track	48.50	Michael Robertson	2008
	Dome Track	48.36	Brian Cummings	2008
OUA Qualifying		X		
CIS Auto Qualifying		47.95 / 47.35		

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<b>48.36</b>	<b>(1)</b>	<b>Brian Cummings</b>	<b>(86)</b>	<b>Ottawa</b>	<b>Jan. 12</b>
49.61	(4)	Cummings		Boston	Feb. 8
<b>48.50</b>	<b>(1)</b>	<b>Michael Robertson</b>	<b>(89)</b>	<b>Boston</b>	<b>Feb. 8</b>
<b>52.17</b>	<b>(6)</b>	<b>Todd Pyper</b>	<b>(87)</b>	<b>Boston</b>	<b>Feb. 8</b>

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uO Women's Records	200m Track	56.79	Christiane Lela	2008
	Dome Track	62.10	Nina Lantinga	2006
OUA Qualifying		X		
CIS Auto Qualifying		56.31 / 55.98		

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<b>56.79</b>	<b>(1)</b>	<b>Christiane Lela</b>	<b>(88)</b>	<b>Boston</b>	<b>Feb. 9</b>
<b>56.84</b>	<b>(2)</b>	<b>Julia Tousaw</b>	<b>(89)</b>	<b>Boston</b>	<b>Feb. 9</b>

## 600 Meters

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uO Men's Records	200m Track	1:19.43	Brian Cummings	2008
	Dome Track	1:19.64	Brian Cummings	2008
OUA Qualifying		1:25.40 / 1:24.45		
CIS Auto Qualifying		1:19.92 / 1:18.97		

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<b>1:19.43</b>	<b>(6)</b>	<b>Brian Cummings</b>	<b>(87)</b>	<b>Montreal</b>	<b>Mar. 8</b>
1:19.53	(Sf4)	Cummings		Montreal	Mar. 6
1:19.64	(1)	Cummings		Ottawa	Jan. 19
1:19.76	(2)	Cummings		Montreal	Jan. 26
1:20.15	(1)	Cummings		Windsor	Feb. 23
1:21.23	(2)	Cummings		Ottawa	Dec. 12
<b>1:20.83</b>	<b>(1)</b>	<b>Michael Robertson</b>	<b>(89)</b>	<b>Ottawa</b>	<b>Dec. 12</b>
1:21.08	(4)	Robertson		Montreal	Jan. 26

1:21.43	(4)	Robertson		Windsor	Feb. 23
<b>1:21.66</b>	<b>(2)</b>	<b>Marc-Philippe Taillon</b>	<b>(87)</b>	<b>Montreal</b>	<b>Feb. 16</b>
1:22.73	(3)	Taillon		Ottawa	Feb. 2
1:23.21	(5)	Taillon		Ottawa	Jan. 19
1:23.53	(14)	Taillon		Montreal	Jan. 26
1:24.17	(10)	Taillon		Windsor	Feb. 23
1:27.68	(3)	Taillon		Ottawa	Nov. 24
<b>1:22.39</b>	<b>(2)</b>	<b>Kevin Brennan</b>	<b>(87)</b>	<b>Ottawa</b>	<b>Jan. 19</b>
1:24.76	(23)	Brennan		Montreal	Jan. 26
<b>1:25.36</b>	<b>(25)</b>	<b>Andrew Harrietha</b>	<b>(88)</b>	<b>Montreal</b>	<b>Jan. 26</b>
1:25.61	(7)	Harrietha		Ottawa	Jan. 19
1:26.27	(2)	Harrietha		Ottawa	Nov. 24
<b>1:28.20</b>	<b>(14)</b>	<b>Gordon Kerslake</b>	<b>(85)</b>	<b>Montreal</b>	<b>Feb. 16</b>
<b>1:29.38</b>	<b>(20)</b>	<b>Michael Lalonde</b>	<b>(84)</b>	<b>Montreal</b>	<b>Feb. 16</b>

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uO Women's Record	200m Track	1:31.61	Isabelle Gervais	1999
	Dome Track	1:32.10	Julia Tousaw	2008

OUA Qualifying 1:41.60 / 1:41.09  
CIS Auto Qualifying 1:33.55 / 1:33.04

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<b>1:31.61</b>	<b>(2)</b>	<b>Julia Tousaw</b>	<b>(89)</b>	<b>Montreal</b>	<b>Mar. 8</b>
1:32.10	(1)	Tousaw		Ottawa	Feb. 2
1:33.14	(Sf1)	Tousaw		Montreal	Mar. 6
1:33.68	(2)	Tousaw		Windsor	Feb. 23
1:34.22	(1)	Tousaw		Montreal	Jan. 26
<b>1:42.37</b>	<b>(2)</b>	<b>Tiffany Locke</b>	<b>(88)</b>	<b>Ottawa</b>	<b>Jan. 19</b>
<b>1:45.91</b>	<b>(25)</b>	<b>Carmen Kuntz</b>	<b>(89)</b>	<b>Montreal</b>	<b>Jan. 26</b>
<b>1:47.68</b>	<b>(28)</b>	<b>Elysia Robertson</b>	<b>(86)</b>	<b>Montreal</b>	<b>Jan. 26</b>
<b>1:47.88</b>	<b>(29)</b>	<b>Elyse Pratt-Johnson</b>	<b>(87)</b>	<b>Montreal</b>	<b>Jan. 26</b>
<b>1:50.96</b>	<b>(31)</b>	<b>Kelly Foster</b>	<b>(89)</b>	<b>Montreal</b>	<b>Jan. 26</b>
<b>1:51.20</b>	<b>(32)</b>	<b>Kassie Betts</b>	<b>(87)</b>	<b>Montreal</b>	<b>Jan. 6</b>
<b>1:52.64</b>	<b>(7)</b>	<b>Jocelyn Beckstead</b>	<b>(88)</b>	<b>Ottawa</b>	<b>Feb. 2</b>
<b>1:53.59</b>	<b>(34)</b>	<b>Laura Pathak</b>	<b>(89)</b>	<b>Montreal</b>	<b>Jan. 26</b>
<b>1:54.34</b>	<b>(35)</b>	<b>Caitlin Freemark</b>	<b>(89)</b>	<b>Montreal</b>	<b>Jan. 26</b>
<b>1:58.37</b>	<b>(8)</b>	<b>Julie Tremblay</b>	<b>(89)</b>	<b>Ottawa</b>	<b>Feb. 2</b>

## 800 Meters

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uO Men's Record	200m Track	1:56.94	Martin Cyr-Hicks	1993
	Dome Track	1:55.67	Sean Young	2006

OUA Qualifying X  
CIS Auto Qualifying 1:53.39 / 1:52.09

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<b>1:57.25</b>	<b>(6)</b>	<b>Marc-Philippe Taillon</b>	<b>(87)</b>	<b>Ottawa</b>	<b>Jan. 12</b>
<b>2:03.48</b>	<b>(9)</b>	<b>Andrew Harrietha</b>	<b>(88)</b>	<b>Ottawa</b>	<b>Jan. 12</b>

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uO Women's Record	200m Track 2:19.92	Melissa Bishop	2007
	Dome Track Yet to be Contested		

OUA Qualifying	X
CIS Auto Qualifying	2:11.16 / 2:10.46

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<b>2:32.51</b>	<b>(9)</b>	<b>Kassie Betts</b>	<b>(87)</b>	<b>Ottawa</b>	<b>Feb. 23</b>
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## 1000 Meters

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uO Men's Record	200m Track 2:30.61	Sean McAlpine	1993
	Dome Track 2:31.07	Sean Young	2006

OUA Qualifying	2:38.07 / 2:36.43
CIS Auto Qualifying	2:27.06 / 2:25.42

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<b>2:33.78</b>	<b>(5)</b>	<b>Marc-Philippe Taillon</b>	<b>(87)</b>	<b>Boston</b>	<b>Feb. 8</b>
<b>2:33.94</b>	<b>(6)</b>	<b>Kevin Brennan</b>	<b>(87)</b>	<b>Boston</b>	<b>Feb. 8</b>
2:35.01	(1)	Brennan		Ottawa	Dec. 12
<b>2:35.37</b>	<b>(3)</b>	<b>Andrew Harrietha</b>	<b>(88)</b>	<b>Boston</b>	<b>Feb. 8</b>
2:40.11	(2)	Harrietha		Ottawa	Dec. 12
<b>2:36.68</b>	<b>(5)</b>	<b>Michael Lalonde</b>	<b>(84)</b>	<b>Ottawa</b>	<b>Feb. 2</b>
<b>2:40.28</b>	<b>(7)</b>	<b>Mathieu Dore</b>	<b>(86)</b>	<b>Ottawa</b>	<b>Feb. 2</b>
2:43.85	(3)	Dore		Ottawa	Dec. 12
<b>2:40.42</b>	<b>(7)</b>	<b>Patrick Lalonde</b>	<b>(87)</b>	<b>Boston</b>	<b>Feb. 8</b>

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uO Women's Record	200m Track 2:48.46	Nathalie Cote	1998
	Dome Track 2:57.56	Melissa Bishop	2007

OUA Qualifying	3:10.81 / 3:09.93
CIS Auto Qualifying	2:52.58 / 2:51.70

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<b>3:06.01</b>	<b>(4)</b>	<b>Elysia Robertson</b>	<b>(86)</b>	<b>Ottawa</b>	<b>Jan. 19</b>
3:06.41	(10)	Robertson		Boston	Feb. 9
3:10.52	(7)	Robertson		Montreal	Feb. 16
3:11.01	(5)	Robertson		Windsor	Feb. 22
3:15.98	(23)	Robertson		Montreal	Jan. 26
<b>3:06.46</b>	<b>(5)</b>	<b>Tiffany Locke</b>	<b>(88)</b>	<b>Ottawa</b>	<b>Jan. 19</b>
<b>3:10.40</b>	<b>(6)</b>	<b>Carmen Kuntz</b>	<b>(88)</b>	<b>Montreal</b>	<b>Feb. 16</b>
3:11.02	(9)	Kuntz		Boston	Feb. 9
3:11.25	(6)	Kuntz		Windsor	Feb. 22
3:12.28	(6)	Kuntz		Ottawa	Feb. 2
3:22.41	(16)	Kuntz		Ottawa	Jan. 19
<b>3:11.56</b>	<b>(3)</b>	<b>Kassie Betts</b>	<b>(87)</b>	<b>Ottawa</b>	<b>Feb. 2</b>
3:21.47	(10)	Betts		Montreal	Feb. 16
<b>3:11.80</b>	<b>(5)</b>	<b>Elyse Pratt-Johnson</b>	<b>(87)</b>	<b>Ottawa</b>	<b>Feb. 2</b>
3:11.84	(6)	Pratt-Johnson		Boston	Feb. 9
3:14.51	(12)	Pratt-Johnson		Ottawa	Jan. 19
3:14.66	(9)	Pratt-Johnson		Montreal	Feb. 16
<b>3:14.06</b>	<b>(10)</b>	<b>Carly Teckles</b>	<b>(84)</b>	<b>Ottawa</b>	<b>Jan. 19</b>

<b>3:14.43</b>	<b>(11)</b>	<b>Laura Pathak</b>	<b>(89)</b>	<b>Ottawa</b>	<b>Jan. 19</b>
<b>3:18.67</b>	<b>(14)</b>	<b>Kelly Foster</b>	<b>(89)</b>	<b>Ottawa</b>	<b>Jan. 19</b>
<b>3:21.86</b>	<b>(15)</b>	<b>Lisa Benz</b>	<b>(85)</b>	<b>Ottawa</b>	<b>Jan. 19</b>
<b>3:27.53</b>	<b>(18)</b>	<b>Colleen Mortimer</b>	<b>(83)</b>	<b>Ottawa</b>	<b>Jan. 19</b>

## 1500 Meters

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uO Men's Record	200m Track 4:08.04	Brad Young	1998
	Dome Track 4:04.99	Kevin Brennan	2008

OUA Qualifying 4:10.01 / 4:07.51  
CIS Auto Qualifying 3:53.58 / 3:51.08

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<b>4:04.99</b>	<b>(5)</b>	<b>Kevin Brennan</b>	<b>(87)</b>	<b>Ottawa</b>	<b>Feb. 2</b>
<b>4:09.75</b>	<b>(28)</b>	<b>Michael Lalonde</b>	<b>(84)</b>	<b>Montreal</b>	<b>Jan. 26</b>
4:09.98	(7)	Lalonde		Ottawa	Jan. 19
4:14.51	(6)	Lalonde		Ottawa	Jan. 12
<b>4:10.03</b>	<b>(8)</b>	<b>Patrick Lalonde</b>	<b>(87)</b>	<b>Ottawa</b>	<b>Jan. 19</b>
4:14.74	(7)	Lalonde		Montreal	Feb. 16
4:15.77	(40)	Lalonde		Montreal	Jan. 26
4:17.78	(4)	Lalonde		Ottawa	Feb. 23
<b>4:11.13</b>	<b>(10)</b>	<b>Gordon Kerslake</b>	<b>(85)</b>	<b>Ottawa</b>	<b>Feb. 2</b>
<b>4:22.66</b>	<b>(9)</b>	<b>Daniel MacDonald</b>	<b>(80)</b>	<b>Ottawa</b>	<b>Jan. 12</b>
<b>4:23.93</b>	<b>(11)</b>	<b>Mathieu Dore</b>	<b>(86)</b>	<b>Ottawa</b>	<b>Jan. 19</b>
4:28.11	(48)	Dore		Montreal	Jan. 26
4:32.98	(2)	Dore		Ottawa	Nov. 24
<b>4:28.56</b>	<b>(1)</b>	<b>Andrew Harrietha</b>	<b>(88)</b>	<b>Ottawa</b>	<b>Nov. 24</b>
<b>4:28.63</b>	<b>(14)</b>	<b>Luc Mahler</b>	<b>(87)</b>	<b>Ottawa</b>	<b>Jan. 19</b>
4:30.83	(15)	Mahler		Montreal	Feb. 16
4:33.71	(50)	Mahler		Montreal	Jan. 26
<b>4:36.67</b>	<b>(51)</b>	<b>Philippe Rousseau</b>	<b>(83)</b>	<b>Montreal</b>	<b>Jan. 26</b>
<b>4:38.32</b>	<b>(52)</b>	<b>Joshua Matthewman</b>	<b>(88)</b>	<b>Montreal</b>	<b>Jan. 26</b>

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uO Women's Record	200m Track 4:19.13	Nathalie Cote	1997
	Dome Track 4:38.72	Tiffany Locke	2008

OUA Qualifying 4:59.88 / 4:58.53  
CIS Auto Qualifying 4:34.35 / 4:33.00

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<b>4:35.07</b>	<b>(1)</b>	<b>Tiffany Locke</b>	<b>(88)</b>	<b>Ottawa</b>	<b>Feb. 2</b>
4:38.72	(1)	Locke		Ottawa	Feb. 2
4:44.74	(5)	Locke		Montreal	Jan. 26
<b>5:09.15</b>	<b>(13)</b>	<b>Elyse Pratt-Johnson</b>	<b>(87)</b>	<b>Montreal</b>	<b>Feb. 16</b>
5:12.41	(37)	Pratt-Johnson		Montreal	Jan. 26
<b>5:09.22</b>	<b>(14)</b>	<b>Brenda Pearce</b>	<b>(87)</b>	<b>Montreal</b>	<b>Feb. 16</b>
5:16.62	(42)	Pearce		Montreal	Jan. 26
<b>5:09.52</b>	<b>(36)</b>	<b>Carly Teckles</b>	<b>(84)</b>	<b>Montreal</b>	<b>Jan. 26</b>
<b>5:14.54</b>	<b>(39)</b>	<b>Lisa Benz</b>	<b>(85)</b>	<b>Montreal</b>	<b>Jan. 26</b>
5:17.65	(7)	Benz		Ottawa	Feb. 2

<b>5:15.82</b>	<b>(40)</b>	<b>Cynthia Chaput</b>	<b>(89)</b>	<b>Montreal</b>	<b>Jan. 26</b>
<b>5:23.20</b>	<b>(7)</b>	<b>Colleen Mortimer</b>	<b>(83)</b>	<b>Ottawa</b>	<b>Jan. 12</b>
5:25.65	(49)	Mortimer		Montreal	Jan. 26
<b>5:26.65</b>	<b>(50)</b>	<b>Kate Spellen</b>	<b>(84)</b>	<b>Montreal</b>	<b>Jan. 26</b>
<b>5:27.73</b>	<b>(9)</b>	<b>Erin Mayo</b>	<b>(83)</b>	<b>Ottawa</b>	<b>Feb. 2</b>
5:33.06	(23)	Mayo		Montreal	Feb. 16
5:35.59	(7)	Mayo		Ottawa	Jan. 19
5:41.47	(55)	Mayo		Montreal	Jan. 26
<b>5:35.67</b>	<b>(8)</b>	<b>Caitlin Freemark</b>	<b>(89)</b>	<b>Ottawa</b>	<b>Jan. 19</b>
5:45.60	(57)	Freemark		Montreal	Jan. 26
<b>5:37.73</b>	<b>(9)</b>	<b>Jocelyn Beckstead</b>	<b>(88)</b>	<b>Ottawa</b>	<b>Jan. 19</b>

## Mile

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uO Men's Team Record	200m Track	4:38.35	Gordon Kerslake	2006
	Dome Track	To be Contested		
OUA Qualifying		X		
CIS Auto Qualifying		4:11.48 / 4:08.80		

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**4:57.34**      **(7)**                      **Luc Mahler**                      **(87)**      **Boston**                      **Feb. 8**

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uO Women's Record	200m Track	6:03.20	Lesley Poole	2007
	Dome Track	To be Contested		
OUA Qualifying		X		
CIS Auto Qualifying		4:52.15 / 4:50.71		

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Yet to be Contested

## 3000 Meters

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uO Men's Record	200m Track	8:56.04	Michael Lalonde	2008
	Dome Track	9:00.86	Gordon Kerslake	2007
OUA Qualifying		9:00.10 / 8:55.01		
CIS Auto Qualifying		8:22.97 / 8:17.88		

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<b>8:56.04</b>	<b>(4)</b>	<b>Michael Lalonde</b>	<b>(84)</b>	<b>Boston</b>	<b>Feb. 8</b>
<b>8:56.72</b>	<b>(12)</b>	<b>Gordon Kerslake</b>	<b>(85)</b>	<b>Windsor</b>	<b>Feb. 22</b>
8:59.59	(8)	Kerslake		Boston	Feb. 8
9:00.86	(5)	Kerslake		Ottawa	Dec. 12
9:01.14	(2)	Kerslake		Ottawa	Nov. 24
9:02.90	(4)	Kerslake		Ottawa	Jan. 12
<b>9:02.72</b>	<b>(3)</b>	<b>Patrick Lalonde</b>	<b>(87)</b>	<b>Ottawa</b>	<b>Nov. 24</b>
9:18.13	(6)	P. Lalonde		Ottawa	Jan. 12
9:30.45	(3)	P. Lalonde		Ottawa	Feb. 2
<b>9:19.07</b>	<b>(6)</b>	<b>Kevin Brennan</b>	<b>(87)</b>	<b>Ottawa</b>	<b>Nov. 24</b>
<b>9:36.62</b>	<b>(5)</b>	<b>Philippe Rousseau</b>	<b>(83)</b>	<b>Ottawa</b>	<b>Feb. 23</b>

9:42.07	(12)	Rousseau		Boston	Feb. 8
9:45.82	(9)	Rousseau		Ottawa	Jan. 12
9:58.18	(7)	Rousseau		Ottawa	Feb. 2
<b>9:40.76</b>	<b>(6)</b>	<b>Luc Mahler</b>	<b>(87)</b>	<b>Ottawa</b>	<b>Feb. 23</b>
9:49.24	(11)	Mahler		Ottawa	Jan. 12
9:56.48	(10)	Mahler		Ottawa	Dec. 12
9:57.68	(14)	Mahler		Ottawa	Nov. 24
<b>9:52.85</b>	<b>(83)</b>	<b>Joshua Matthewman</b>	<b>(88)</b>	<b>Ottawa</b>	<b>Jan. 12</b>
9:56.31	(6)	Matthewman		Ottawa	Feb. 2
10:03.18	(14)	Matthewman		Boston	Feb. 8
10:11.85	(16)	Matthewman		Ottawa	Nov. 24

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uO Women's Record	200m Track	9:30.45	Nathalie Cote	1997
	Dome Track	10:00.09	Tiffany Locke	2007

OUA Qualifying	10:46.41 / 10:43.67
CIS Auto Qualifying	9:54.80 / 9:52.06

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<b>10:00.09</b>	<b>(1)</b>	<b>Tiffany Locke</b>	<b>(88)</b>	<b>Ottawa</b>	<b>Nov. 24</b>
<b>10:46.36</b>	<b>(3)</b>	<b>Carly Teckles</b>	<b>(84)</b>	<b>Ottawa</b>	<b>Feb. 2</b>
10:55.01	(5)	Teckles		Montreal	Feb. 16
10:58.62	(4)	Teckles		Ottawa	Jan. 12
11:03.18	(17)	Teckles		Boston	Feb. 9
<b>10:57.38</b>	<b>(4)</b>	<b>Brenda Pearce</b>	<b>(87)</b>	<b>Ottawa</b>	<b>Feb. 2</b>
11:03.54	(11)	Pearce		Boston	Feb. 9
<b>11:04.12</b>	<b>(5)</b>	<b>Cynthia Chaput</b>	<b>(89)</b>	<b>Ottawa</b>	<b>Nov. 24</b>
11:15.61	(3)	Chaput		Ottawa	Jan. 19
<b>11:12.73</b>	<b>(16)</b>	<b>Lisa Benz</b>	<b>(85)</b>	<b>Boston</b>	<b>Feb. 9</b>
11:19.68	(7)	Benz		Ottawa	Feb. 23
11:22.12	(7)	Benz		Ottawa	Jan. 12
11:22.14	(8)	Benz		Montreal	Feb. 16
11:24.67	(8)	Benz		Ottawa	Nov. 24
<b>11:16.96</b>	<b>(5)</b>	<b>Colleen Mortimer</b>	<b>(83)</b>	<b>Ottawa</b>	<b>Dec.12</b>
<b>11:17.67</b>	<b>(4)</b>	<b>Kate Spellen</b>	<b>(84)</b>	<b>Ottawa</b>	<b>Jan. 19</b>
11:25.17	(6)	Spellen		Ottawa	Feb. 2
11:29.67	(10)	Spellen		Ottawa	Jan. 12
11:40.98	(12)	Spellen		Ottawa	Nov. 24
<b>11:19.83</b>	<b>(6)</b>	<b>Renee Borkovich</b>	<b>(87)</b>	<b>Ottawa</b>	<b>Nov. 24</b>
<b>11:25.73</b>	<b>(8)</b>	<b>Carmen Kuntz</b>	<b>(88)</b>	<b>Ottawa</b>	<b>Jan. 12</b>
<b>11:25.97</b>	<b>(9)</b>	<b>Elyse Pratt-Johnson</b>	<b>(87)</b>	<b>Ottawa</b>	<b>Jan. 12</b>
<b>11:39.20</b>	<b>(10)</b>	<b>Kassie Betts</b>	<b>(87)</b>	<b>Ottawa</b>	<b>Nov. 24</b>
11:44.72	(11)	Betts		Ottawa	Jan. 12
<b>11:53.82</b>	<b>(8)</b>	<b>Erin Mayo</b>	<b>(83)</b>	<b>Boston</b>	<b>Feb. 9</b>
12:05.35	(13)	Mayo		Ottawa	Jan. 12
12:08.71	(13)	Mayo		Ottawa	Nov. 24
<b>12:09.86</b>	<b>(14)</b>	<b>Jocelyn Beckstead</b>	<b>(88)</b>	<b>Ottawa</b>	<b>Nov. 24</b>
<b>12:09.85</b>	<b>(14)</b>	<b>Kelly Foster</b>	<b>(89)</b>	<b>Ottawa</b>	<b>Jan. 12</b>

## 4 x 200m Relay

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uO Men's Record	200m Track	1:30.16	Balarama Holness, Olivier Gauthier-Kwan, 2008
	Dome Track	1:30.90	Antoine Despres-Bedward, Tony Risling
			Tony Risling, Tony Despres-Bedward, 2008
			Olivier Gauthier-Kwan, Tyler Fawcett

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OUA Qualifying	5 <sup>th</sup> Place OUA Ranking (Pre Championship)
CIS Auto Qualifying	1:28.07 / 1:27.03

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1:30.16	(8)	B. Holness, O. Gauthier-Kwan A. Depres-Bedward, T. Risling (22.1, 22.9, 23.0, 22.1)	Montreal	Mar. 7
1:30.45	(1)	T. Pyper, T. Risling T. Fawcett, A. Despres-Bedward	Ottawa	Feb. 2
1:30.90	(1)	T. Risling, A. Despres-Bedward O. Gauthier-Kwan, T. Fawcett	Ottawa	Jan. 19
1:31.14	(2)	T. Risling, T. Fawcett O. Gauthier-Kwan, A. Despres-Bedward	Ottawa	Feb. 16
1:32.03	(5)	T. Risling, B. Holness A. Depres-Bedward, T. Fawcett	Montreal	Jan. 26
1:32.77	(7)	B. Holness, T. Fawcett A. Despres-Bedward, T. Risling	Windsor	Feb. 22

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uO Women's Record	200m Track	1:49.65	Leanne Wall, Amanda Vincent 1994
	Dome Track	tba	Lauren Aldwinkle, Janet Hass

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OUA Qualifying	5 <sup>th</sup> Place OUA Ranking (Pre Championship)
CIS Auto Qualifying	1:41.85 / 1:41.29

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Yet to be Contested

## 4 x 400m Relay

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uO Men's Record	200m Track	3:16.40	Michael Robertson, Brian Cummings 2008
	Dome Track	tba	Tyler Fawcett, Marc-Philippe Taillon (48.9, 48.2, 49.6, 49.7)

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OUA Qualifying	5 <sup>th</sup> Place OUA Ranking (Pre Championship)
CIS Auto Qualifying	3:21.23 / 3:18.81

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3:16.40	(2)	M. Robertson (48.9), B. Cummings (48.2) T. Fawcett (49.6), M-P Taillon (49.7)	Montreal	Mar. 8
3:17.62	(4)	M. Robertson (48.6), B. Cummings (48.1) T. Fawcett (49.9), T. Pyper (50.8)	Boston	Feb. 9
3:17.62	(4)	M. Robertson (48.6), B. Cummings (48.1) T. Fawcett (49.9), T. Pyper (50.8)	Boston	Feb. 9
3:21.07	(1)	B. Cummings (49.0), T. Fawcett (50.4) M. Robertson (49.6), T. Pyper (52.0)	Montreal	Jan. 26
3:24.93	(4)	M. Robertson (51.7), T. Fawcett (51.2) B. Cummings (49.6), T. Pyper (52.2)	Windsor	Feb. 23

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**uO Women's Record**      **200m Track**    **4:04.66**      Diana Owen, Larisa Dabeka      **1999**  
Charmaine Williams, Isabelle Gervais

**Dome Track**    **tba**

OUA Qualifying                      5<sup>th</sup> Place OUA Ranking (Pre Championship)  
CIS Auto Qualifying                3:52.60 / 3:51.30

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4:05.29	(7)	J. Tousaw (57.2), C. Lela (57.2) C. Kuntz (64.0), K. Foster (66.8)	Montreal	Jan. 26
4:05.76	(5)	C. Lela (59.9), C. Fraser (62.8) J. Tousaw (59.9), C. Kuntz (62.7)	Windsor	Feb. 23

## 4 x 800m Relay

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**uO Men's Record**      **200m Track**    **7:53.15**      Marc-Philippe Taillon, Andrew Harrietha, **2008**  
Kevin Brennan, Michael Lalonde  
(1:56.7., 1:58.6, 1:56.5, 2:01.2)

**Dome Track**    **7:59.51**      Kevin Brennan, Marc-Philippe Taillon      **2008**  
Andrew Harrietha, Michael Taillon  
(1:56, 2:01, 1:57, 2:02)

OUA Qualifying                      5<sup>th</sup> Place OUA Ranking (Pre Championship)  
CIS Auto Qualifying                7:43.56 / 7:38.38

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7:53.15	(3)	M-P. Taillon (1:56), A. Harrietha (1:58), K. Brennan (1:56), M. Lalonde (2:01)	Montreal	Feb. 16
7:54.70	(6)	M-P Taillon (1:57), Kevin Brennan (1:56) A. Harrietha (1:57), Michael Lalonde (2:02)	Windsor	Feb. 22

7:59.51 (1) K. Brennan (1:56), M-P. Taillon (2:01) Ottawa Feb. 2  
A. Harrietha (1:57), M. Lalonde (2:02)

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uO Women's Record 200m Track tba Feb. 2  
Dome Track 10:12.50 Carmen Kuntz, Elyse Pratt-Johnson  
Kassie Betts, Lisa Benz  
(2:31, 2:31, 2:31, 2:39)

OUA Qualifying 5<sup>th</sup> Place OUA Ranking (Pre Championship)  
CIS Auto Qualifying 9:12.84 / 9:10.05

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10:12.50 (1) C. Kuntz (2:31), E. Pratt-Johnson (2:31), Ottawa Feb. 2  
K. Betts (2:31), L. Benz (2:39)