

# Ottawa Lions Track and Field

## International Team Members

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### The President's Award Winners

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Presented to Club athletes and coaches who have represented their country on a National Team in international competition. This award was first initiated in 1990 by Club President - Mr. Vincent Fay.

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#### Olympic Summer Games

2008	Richard Adu-Bobie	4x100m Relay	Beijing, China
2008	Sultana Frizell	Hammer	Beijing, China
2008	Glenroy Gilbert	Coach	Beijing, China
2004	Richard Adu-Bobie	4x100m Relay	Athens, Greece
2004	Glenroy Gilbert	Coach	Athens, Greece
2004	Andy McInnis	CBC Television	Athens, Greece
2000	Glenroy Gilbert	4x100m Relay	Sydney, Australia
2000	Sean Kaley	10,000m	Sydney, Australia
2000	Andy McInnis	Manager	Sydney, Australia
1996	Steve Agar	1500m (Dominica)	Atlanta, USA
1996	Glenroy Gilbert	100m, 4x100m Relay (Gold)	Atlanta, USA
1996	Andy McInnis	Head Coach	Atlanta, USA
1996	Lesley Tashlin	100m Hurdles, 4x100m Relay	Atlanta, USA
1992	Roger Burrows	Coach	Barcelona, Spain
1992	John Halvorsen	10,000m (Norway)	Barcelona, Spain
1992	Glenroy Gilbert	4x100m Relay	Barcelona, Spain
1988	Glenroy Gilbert	Long Jump	Seoul, Korea
1988	John Halvorsen	10,000m (Norway)	Seoul, Korea
1988	Brian Marshall	High Jump	Seoul, Korea
1988	Andy McInnis	Coach	Seoul, Korea
1984	Andy McInnis	Coach	Los Angeles, USA
1980	Moscow, Soviet Union	* Games Boycotted by Canada	
1968	Bill Heikkila	Javelin	Mexico City, Mexico

#### Olympic Winter Games

1998	Sheridon Baptiste	Bobsleigh	Nagano, Japan
1998	Leslie Estwick	Mission Staff	Nagano, Japan
1998	Ricardo Greenidge	Bobsleigh	Nagano, Japan
1998	Ken LeBlanc	Bobsleigh	Nagano, Japan
1994	Sheridon Baptiste	Bobsleigh	Lillehammer, Norway
1994	Glenroy Gilbert	Bobsleigh	Lillehammer, Norway
1992	Sheridon Baptiste	Bobsleigh	Albertville, France
1992	Ken LeBlanc	Bobsleigh	Albertville, France
1988	Ken LeBlanc	Bobsleigh	Calgary, Canada

#### Paralympic Games

2008	Jason Dunkerley	Blind T11 1500m T12 800m	Beijing, China
2008	Jon Dunkerley	Blind T11 100m, 200m, 400m	Beijing, China
2008	Amanda Fader	Coach - Wheelchair Racing	Beijing, China
2004	Jacques Bouchard	Wheelchair T53 (100m, 200m)	Athens, Greece
2004	Jason Dunkerley	Blind T11 (1 <sup>st</sup> - 1500m)	Athens, Greece
2004	Stuart McGregor	Blind (3 <sup>rd</sup> - 800m)	Athens, Greece
2000	Jacques Bouchard	Wheelchair T53 (100, 200m)	Sydney, Australia
2000	Jason Dunkerley	Blind T11 (2 <sup>nd</sup> - 1500m)	Sydney, Australia
2000	Jason Lachance	Wheelchair T34 (1 <sup>st</sup> - 200m) (2 <sup>nd</sup> - 100m, 2 <sup>nd</sup> - 400m)	Sydney, Australia
2000	Chelsea Lariviere	Wheelchair T34	Sydney, Australia
2000	Stuart McGregor	Blind (800m - 3 <sup>rd</sup> )	Sydney, Australia
2000	Joe Radmore	Wheelchair T33	Sydney, Australia
2000	Caitlin Renneson	Wheelchair T34 (400m - 3 <sup>rd</sup> )	Sydney, Australia
2000	Robert Schrader	Coach	Sydney, Australia
2000	Dominique Tremblay	Wheelchair	Sydney, Australia
1996	Stuart McGregor	Blind (2 <sup>nd</sup> -1500m, 4 <sup>th</sup> - 400m )	Atlanta, USA
1992	James Baker	Wheelchair (2 <sup>nd</sup> - 4x100m)	Barcelona, Spain
1992	Rhonda Nishio	Therapist	Barcelona, Spain
1992	Judy Zelman	Wheelchair Throws	Barcelona, Spain

## IAAF World Outdoor Championships

2009	Esther Akinsulie	400m, 4 x 400m Relay (9 <sup>th</sup> )	Berlin Germany
2009	Sultana Frizell	Hammer Throw (10 <sup>th</sup> )	Berlin Germany
2009	Glenroy Gilbert	Coach	Berlin, Germany
2009	Oluseyi Smith	4 x 100m Relay (5 <sup>th</sup> )	Berlin, Germany
2007	Richard Adu-Bobie	4x100m Relay	Osaka, Japan
2007	Glenroy Gilbert	Coach	Osaka, Japan
2005	Richard Adu-Bobie	4x100m Relay	Helsinki, Finland
2005	Glenroy Gilbert	Coach	Helsinki, Finland
2003	Glenroy Gilbert	Coach	Paris, France
2001	Glenroy Gilbert	4x100m Relay	Edmonton, Canada
2001	Lawrence Ringwald	4x400m Relay	Edmonton, Canada
1999	Glenroy Gilbert	4x100m Relay	Seville, Spain
1999	Sean Kaley	5000m	Seville, Spain
1999	Andy McInnis	Manager	Seville, Spain
1997	Glenroy Gilbert	100m, 4x100m Relay (Gold)	Athens, Greece
1997	Andy McInnis	Coach	Athens, Greece
1995	Glenroy Gilbert	4x100m Relay (Gold)	Goteborg, Sweden
1993	Glenroy Gilbert	200m, 4x100m Relay (Bronze)	Stuttgart, Germany
1993	Andy McInnis	Coach	Stuttgart, Germany
1991	Leslie Estwick	High Jump	Tokyo, Japan
1991	Andy McInnis	Coach	Tokyo, Japan
1987	Andy McInnis	Coach	Rome, Italy
1987	Ann Peel	10km Walk (8 <sup>th</sup> )	Rome, Italy
1983	Andy McInnis	Coach	Helsinki, Finland
1983	Bill Heikkila	Coach	Helsinki, Finland
1983	* 1 <sup>st</sup> World Championships held every 4 years up to 1991 and then every 2 years.		

## IAAF World Indoor Championships

1993	Steve Agar (Dominica)	3000m	Toronto, Canada
1993	Richardo Greenidge	200m, Medley Relay	Toronto, Canada
1993	Marc Olesen	3000m	Toronto, Canada
1989	Glenroy Gilbert	Long Jump	Budapest, Hungary
1987	Andy McInnis	Coach	Indianapolis, USA

\* 1<sup>st</sup> World Indoor Championships

## Commonwealth Games

2006	Charles Allen	110m Hurdles, 4 x 100m (3 <sup>rd</sup> )	Melbourne, Australia
2006	Glenroy Gilbert	Coach (Sprints / Relays)	Melbourne, Australia
2006	Scott MacDonald	Manager	Melbourne, Australia
2002	Amanda Fader	Coach - Wheelchair	Manchester, England
2002	Sean Kaley	5000m, 10,000m	Manchester, England
2002	Glenroy Gilbert	Coach (Sprints / Relays)	Manchester, England
1998	Steve Agar	1500m	Kuala Lumpur, Malaysia
1998	Leslie Estwick	Canadian Staff	Kuala Lumpur, Malaysia
1998	Glenroy Gilbert	100m, 4x100m (2 <sup>nd</sup> )	Kuala Lumpur, Malaysia
1998	Andy McInnis	Director	Kuala Lumpur, Malaysia
1998	Michael Nicolini	200m	Kuala Lumpur, Malaysia
1998	Lesley Tashlin	100m Hurdles	Kuala Lumpur, Malaysia
1994	Steve Agar (Dominica)	1500m	Victoria, Canada
1994	Leslie Estwick	100 Hurdles , LJ, HJ	Victoria, Canada
1994	Glenroy Gilbert	100m, 4x100m (1 <sup>st</sup> )	Victoria, Canada
1994	Ricardo Greenidge	200m	Victoria, Canada
1994	Scott McDonald	1500m	Victoria, Canada
1994	Lesley Tashlin	100m Hurdles	Victoria, Canada
1990	Alain Boucher	3000m Steeplechase	Auckland, New Zealand
1990	Cheryl Coker	Javelin	Auckland, New Zealand
1990	Leslie Estwick	100m Hurdles, High Jump	Auckland, New Zealand
1990	Glenroy Gilbert	Long Jump	Auckland, New Zealand
1990	Bill Heikkila	Coach	Auckland, New Zealand
1990	Lorri Larowe	Javelin	Auckland, New Zealand
1990	Andy McInnis	Coach	Auckland, New Zealand
1990	Melody Torcolacci	Shot Put	Auckland, New Zealand
1986	Alison Armstrong	Hepthathlon	Edinburgh, Scotland
1982	Barry Darling	Javelin	Brisbane, Australia
1982	Rosemary Hauch	Shot Put	Brisbane, Australia
1982	Bill Heikkila	Coach	Brisbane, Australia
1982	Andy McInnis	Coach	Brisbane, Australia
1982	Ken Porter	Manager	Brisbane, Australia
1970	Bill Heikkila	Javelin	Edinburg, Great Britain

## Pan American Games

2007	Richard Adu-Bobie	4x100m Relay	Rio de Janeiro, Brazil
2007	Esther Akinsulie	400m, 4x400m Relay	Rio de Janeiro, Brazil
2007	Sultana Frizell	Hammer	Rio de Janeiro, Brazil
2007	Hugh Conlin	Coach	Rio de Janeiro, Brazil
2007	Glenroy Gilbert	Coach	Rio de Janeiro, Brazil
2003	Hugh Conlin	Coach	Santo Domingo, DMR
1999	Glenroy Gilbert	4x100m Relay	Winnipeg, Canada
1999	Sean Kaley	5000m, 10,000m	Winnipeg, Canada
1999	Lesley Tashlin	100m Hurdles	Winnipeg, Canada
1995	Glenroy Gilbert	100m (Gold)	Mar del Plata, Argentina
1995	Cory Siermachesky	High Jump	Mar del Plata, Argentina
1995	Lesley Tashlin	100m Hurdles	Mar del Plata, Argentina
1991	Cheryl Coker	Javelin	Havana, Cuba
1991	Leslie Estwick	High Jump, 100m Hurdles	Havana, Cuba
1991	Marc Olesen	5000m	Havana, Cuba
1991	Cory Siermachesky	High Jump	Havana, Cuba
1987	Bill Heikkila	Coach	Indianapolis, IN
1987	Ann Peel	10km Walk (Silver)	Indianapolis, IN

1983	Rosemary Hauch	Shot Put	Caracas, Venezuela
1979	Rosemary Hauch	Shot Put	San Juan, Puerto Rico
1967	Bill Heikkila	Javelin	Winnipeg, CAN

## Jeux de la Francophonie

2009	Esther Akinsulie	200m (3), 400m (4), 4x400 (1)	Beirut, Lebanon
2009	Melissa Bishop	800m (8)	Beirut, Lebanon
2009	Dana Buchanan	3000m Steeple Chase (4)	Beirut, Lebanon
2009	Josh Karanja	3000m Steeple Chase (5)	Beirut, Lebanon
2005	Esther Akinsulie	200m, 400m, 4 x 400m (2)	Niamey, Niger
2005	Dominique Bilodeau	Javelin	Niamey, Niger
2005	Hugh Conlin	Coach	Niamey, Niger
2005	Caroline Larose	Shot Put	Niamey, Niger
2005	Derek Watkins	High Jump	Niamey, Niger
2001	Dominic Bilodeau	Shot Put, Javelin	Ottawa, Canada
2001	Hugh Conlin	Coach	Ottawa, Canada
2001	Ray Elrick	Coach	Ottawa, Canada
2001	Stephane Gamache	Marathon	Ottawa, Canada
2001	Isabelle Gervais	400m Hurdles	Ottawa, Canada
2001	Glenroy Gilbert	100m, 4x100m Relay	Ottawa, Canada
2001	Bill Heikkila	Coach	Ottawa, Canada
2001	Sean Kaley	5000m	Ottawa, Canada
2001	Caroline Larose	Shot Put	Ottawa, Canada
2001	Lawrence Ringwald	4x400m Relay	Ottawa, Canada
2001	James Slepica	Coach	Ottawa, Canada
2001	Lesley Tashlin	100m Hurdles	Ottawa, Canada
1997	Nathalie Cote	1500m	Antananarivo, Madagascar
1997	Leslie Estwick	Head of Delegation	Antananarivo, Madagascar
1997	Richardo Greenidge	200m, 4x100m	Antananarivo, Madagascar
1997	Wendy Phillips	Discus	Antananarivo, Madagascar
1997	Sandy Taylor	Javelin	Antananarivo, Madagascar
1994	Steve Agar (Dominica)	1500m, 5000m	Paris, France
1994	Sheridon Baptiste	100m, 4x100m (1)	Paris, France
1994	Jame Fahie	Hammer	Paris, France
1994	Glenroy Gilbert	100m, 4x100m (1)	Paris, France
1994	Richardo Greenidge	200m (2)	Paris, France
1994	Cathy Griffin	Discus	Paris, France
1994	Denis Landry	Coach	Paris, France
1994	Rhonda Nishio	Coach	Paris, France
1989	Cheryl Coker	Javelin	Casablanca, Morocco
1989	Leslie Estwick	100m Hurdles, High Jump	Casablanca, Morocco
1989	Craig Hutton	400m Hurdles	Casablanca, Morocco
1989	Lori Larowe	Javelin (1)	Casablanca, Morocco
1989	Ken Porter	Mission Staff	Casablanca, Morocco
1989	Games first established		

## World University Games

2005	Sultana Frizell	Hammer	Izmir, Turkey
2003	Dominique Bilodeau	Javelin	Daegu, Korea
2003	Derek Watkins	High Jump	Daegu, Korea
2001	Isabelle Gervais	400m Hurdles, 4x100m	Beijing, China
1999	Nathalie Cote	1500m	Palme de Mallorca, Spain
1999	Sean Kaley	5000m	Palme de Mallorca, Spain
1999	Chris McGregor	3000m Steeplechase	Palme de Mallorca, Spain
1999	Michael Nicolini	100m	Palme de Mallorca, Spain
1997	Andy McInnis	Coach	Catania, Italy

1995	Rachel Robichaud	10km Walk	Fukuoka, Japan
1995	Lesley Tashlin	100m Hurdles	Fukuoka, Japan
1993	Glenroy Gilbert	100m (Bronze),200m,4x1(4th)	Buffalo, USA
1993	Cathy Griffin	Discus	Buffalo, USA
1993	Bill Heikkila	Coach	Buffalo, USA
1989	Joe Burke	Coach	Duisberg, West Germany
1989	Rosey Edeh	400m Hurdles (Silver)	Duisberg, West Germany
1989	Cheryl Coker	Javelin	Duisberg, West Germany
1987	Alison Armstrong	Heptathlon	Zagreb, Yugoslavia
1987	Ann Peel	5km Walk (Bronze)	Zagreb, Yugoslavia
1985	Alison Armstrong	Heptathlon	Kobe, Japan
1985	Ann Peel	10km Walk	Kobe, Japan
1983	Sue Gibson	Javelin	Edmonton, Canada
1983	Rosemary Hauch	Shot Put	Edmonton, Canada
1983	Andy McInnis	Coach	Edmonton, Canada

## IAAF World Senior Cross Country Championships

2003	Sarah Dillabaugh	Lausanne, Switzerland
2003	Sean Kaley	Lausanne, Switzerland
2002	Sean Kaley	Dublin, Ireland
2002	Tracy Robertson	Dublin, Ireland
2001	Sean Kaley	Ostend, Belgium
2001	Tracy Robertson	Ostend, Belgium
2000	Nathalie Cote	Lisbon, Portugal
2000	Sarah Dillabaugh	Lisbon, Portugal
2000	Sean Kaley	Lisbon, Portugal
2000	Chris McGregor	Lisbon, Portugal
2000	Chris Weber	Lisbon, Portugal
1999	Sean Kaley	Belfast, Northern Ireland
1999	Chris McGregor	Belfast, Northern Ireland
1999	Chris Weber	Belfast, Northern Ireland
1993	Richard Charette	Amorebieta, Spain
1993	John Halvorsen (Norway)	Amorebieta, Spain
1991	Richard Charette	Antwerp, Belgium

## IAAF World Junior Championships

2008	Karelle Edwards	100m Hurdles	Bydgoszcz, Poland
2008	Michael Robertson	200m, 4x100m	Bydgoszcz, Poland
2006	Jenni Biewald	1500m	Beijing, China
2006	Todd Pyper	400m, 4x100m (4 <sup>th</sup> )	Beijing, China
2006	Oluseyi Smith	100m (sf), 4x100m (4 <sup>th</sup> )	Beijing, China
2006	Danelle Woods	3000m Steeple Chase	Beijing, China *Can. Jr. Record
2004	Michael Woods	1500m	Grosseto, Italy
2002	Ashley Purnell	200m, 4x100m Relay	Kingston, Jamaica
2002	Ryan Therrien	400m, 4x400m Relay	Kingston, Jamaica
1992	Chantale DeJardin	400m Hurdles	Seoul, Korea
1992	Andy McInnis	Head Coach	Seoul, Korea
1990	Ricardo Greenidge	100m, 200m, 4x100m Relay	Plovdiv, Bulgaria
1986	Rick Brant	800m	Athens Greece
1986	Glenroy Gilbert	Long Jump	Athens Greece
1986	Phillip Hughes	400m Hurdles	Athens Greece
1986	Ken LeBlanc	4x 100m Relay	Athens, Greece
1986	Louise Perreault	Javelin	Athens, Greece
1986	1 <sup>st</sup> Junior Championships		

# Pan American Junior Championships

2009	Rachel Aubry	800m, 4 x 400m (4 <sup>th</sup> , 3 <sup>rd</sup> )	Port of Spain, Trinidad
2009	Taylor Corney	Decathlon (3 <sup>rd</sup> )	Port of Spain, Trinidad
2009	Oluwasegun Makinde	100m, 200m, 4 x 100 (x, 8 <sup>th</sup> , 6 <sup>th</sup> )	Port of Spain, Trinidad
2009	Tim Nedow	Shot Put (3 <sup>rd</sup> )	Port of Spain, Trinidad
2007	Tyler Fawcett	400m Hurdles	Sao Paulo, Brazil
2007	Caitlin Van Dodewaard	Discus	Sao Paulo, Brazil
2007	Danelle Woods	3000m Steeple Chase (1 <sup>st</sup> )	Sao Paulo, Brazil
2005	Alex Bernard	Javelin	Windsor, Canada
2005	Hugh Conlin	Coach	Windsor, Canada
2005	Brian Cummings	400m, 4x400m Relay (3 <sup>rd</sup> )	Windsor, Canada
2005	Bailey Lewis	4x400m Relay	Windsor, Canada
2005	Samantha Piquette	Javelin	Windsor, Canada
2005	Oluseyi Smith	Long Jump (3 <sup>rd</sup> )	Windsor, Canada
2005	Michael Woods	1500m (1 <sup>st</sup> )	Windsor, Canada
2003	Maya Aden	5000m	Bridgetown, Barbados
2003	Dana Buchanan	800m	Bridgetown, Barbados
2003	Sultana Frizell	Shot Put, Discus, Hammer	Bridgetown, Barbados
2003	Bailey Lewis	4 x 400m Relay (3 <sup>rd</sup> )	Bridgetown, Barbados
2003	Mike Woods	1500m (3 <sup>rd</sup> )	Bridgetown, Barbados
2001	Hugh Conlin	Coach	Sante Fe, Argentina
2001	Curtis Fraser	100m	Sante Fe, Argentina
2001	Ashley Purnell	100m Hurdles (1 <sup>st</sup> )	Sante Fe, Argentina
2001	Ashley Purnell	100m (2 <sup>nd</sup> ), 200m (2 <sup>nd</sup> )	Sante Fe, Argentina
2001	Ryan Therrien	400m	Sante Fe, Argentina
1997	Jeff Keays	110m Hurdles	Havana, Cuba
1997	Caroline Larose	Javelin, Shot Put	Havana, Cuba
1995	David McQuinn	400m Hurdles	Santiago, Chile
1995	Murray Link	1500m	Santiago, Chile
1993	Hugh Conlin	Coach	Winnipeg, Canada
1993	Sean Kaley	5000m	Winnipeg, Canada
1993	Kristin Marvin	3000m	Winnipeg, Canada
1993	Mary Jane Richards	3000m	Winnipeg, Canada
1989	Anna Gunasekera	1500m (2 <sup>nd</sup> )	Sante Fe, Argentina
1986	Rick Brant	800m	Winter Park, USA
1986	Richard Charette	1500m (3 <sup>rd</sup> )	Winter Park, USA
1986	Glenroy Gilbert	Long Jump	Winter Park, USA
1986	Bill Heikkila	Coach	Winter Park, USA
1986	Phillip Hughes	400m Hurdles	Winter Park, USA
1986	Ken LeBlanc	4x 100m Relay	Winter Park, USA
1986	Louise Perreault	Javelin	Winter Park, USA
1984	Cheryl Coker	Javelin (3 <sup>rd</sup> )	Nassau, Bahamas
1984	Phillip Hughes	400m	Nassau, Bahamas
1982	Marc Olesen	1500m (2 <sup>nd</sup> )	Barquisimeto, Venezuela
1980	Andy McInnis	Coach	Sudbury, CAN
1980	Ann Peel	Walk (1 <sup>st</sup> )	Sudbury, CAN
1980	The First Championships		

# IAAF World Junior Cross Country Championships

2008	Danelle Woods - 25 <sup>th</sup>	Edinburgh, Scotland
2007	Danelle Woods - 30 <sup>th</sup>	Mombasa, Kenya
2006	Allan Brett	Fukuoka, Japan
2005	Katie Engel	St. Galmier, France
2004	Michael Woods	Brussels, Belgium
2003	Julia Hicks	Lausanne, Switzerland

1996	Murray Link	Cape Town, South Africa
1995	Mary Jane Richards	Birmingham, England
1994	Sean Kaley	Budapest, Hungary
1994	Murray Link	Budapest, Hungary
1994	Mary Jane Richards - 17 <sup>th</sup>	Budapest, Hungary
1993	Sean Kaley	Amorebieta, Spain
1993	Kristin Marvin	Amorebieta, Spain
1993	Mary Jane Richards	Amorebieta, Spain
1992	Nathalie Cote	Boston, MA
1992	Scott MacDonald	Boston, MA
1991	Nathalie Cote	Antwerp, Belgium

## IAAF World Youth Championships

2009	Ashlea Maddex	100m Hurdles	Bressanone, Italy
2009	Samantha Murphy	800m	Bressanone, Italy
2007	Karelle Edwards	100m Hurdles	Ostrava, Czech Republic
2007	Oluwasegun Makinde	200m	Ostrava, Czech Republic
2007	Kyle Milks	1500m	Ostrava, Czech Republic
2005	Jenni Biewald	800m	Marrakesh, Morocco
2005	Melissa Bishop	400m	Marrakesh, Morocco
2005	Allan Brett	1500m	Marrakesh, Morocco
2003	Oluseyi Smith	200m, Long Jump (6 <sup>th</sup> )	Sherbrooke, Canada
2003	Michael Woods	3000m	Sherbrooke, Canada
1999	Curtis Fraser	100m	Bryzgina, Poland

## IAAF Area Championships

### NACAC ( North American, Central American and Carribean Championships )

#### Under 23

2006	Sultana Frizell	Shot Put, Hammer(3 <sup>rd</sup> /4 <sup>th</sup> )	Santo Domingo, DMR
2004	Esther Akinsulie	200m	Sherbrooke, Canada
2004	Daniel Barbarie	100m	Sherbrooke, Canada
2004	Curtis Fraser	100m	Sherbrooke, Canada

#### Cross County

2006	Jenni Biewald	Junior Team	Clermont, USA
2006	Danelle Woods	Junior Team	Clermont, USA

## Commonwealth Youth Games

2008	Hugh Conlin	Head Coach	Pune, India
2008	Karelle Edwards	100m Hurdles	Pune, India
2008	Oluwasegun Makinde	100m, 200m	Pune, India

## The Canada Games

2009	Charlottetown, PEI		
	Patrick Arbour	SP, DT, JT, Decathlon	(7 <sup>th</sup> , 3 <sup>rd</sup> , 11 <sup>th</sup> , 4 <sup>th</sup> )
	Rachel Aubry	800m	(5 <sup>th</sup> )
	Melissa Bishop	800m, 4 x 400m	(4 <sup>th</sup> , 3 <sup>rd</sup> )
	Tyler Fawcett	110mH, 4 x 400m	(6 <sup>th</sup> , 1 <sup>st</sup> )
	Emilie Halle	200m, 400m, 400mH, Relays	(x, 5 <sup>th</sup> , 1 <sup>st</sup> , 5 <sup>th</sup> , 3 <sup>rd</sup> )
	Stuart Pearson	110mH, 400mH, Relays	(5 <sup>th</sup> , 2 <sup>nd</sup> , x, 1 <sup>st</sup> )

2005	Regina, SK		
	Esther Akinsulie	100m, 200m, 400m, Relays	(1 <sup>st</sup> , 1 <sup>st</sup> , 1 <sup>st</sup> , x, 1 <sup>st</sup> )
	Jennie Biewald	800m	(2 <sup>nd</sup> )
	Dana Buchanan	800m, 2000m Steeple	(3 <sup>rd</sup> )
	Brian Cummings	400m, 4x400m	(x, 3 <sup>rd</sup> )
	Patricia Gauthier	Pole Vault	
	Pat Marion	3000m Steeplechase	
	Todd Pyper	200m	
	Andrea White	400m Hurdles, 4x400m	(x, 1 <sup>st</sup> )
2001	London, ON		
	Ashley Purnell	100m, 200m, 100m Hurdles	(1 <sup>st</sup> , 1 <sup>st</sup> , 1 <sup>st</sup> )
	Derek Watkins	High Jump	(3 <sup>rd</sup> )
1997	Brandon, MB		
	Caroline Larose	Shot Put	(1 <sup>st</sup> )
	Anne LeBel	100m Hurdles	
	Chris McGregor	3000m Steeplechase	
	Michael Nicolini	100m	
	Caitlin Renneson	Wheelchair	
	Tracy Robertson	1500m	
	Robert Schrader	Coach	
	Sean Surerus	800m	
	Jim Slepica	Coach	
1993	Kamloops, BC		
	Natalie Cote	1500m, 3000m	
	Chantal Dejaridin	400m Hurdles, 800m	
	Jamie Eddy	Wheelchair 200m, 1500m	
	Mohammed Hussein	5000m, 10,000m	
	Kevin Lee	3000m Steeplechase	
	Sarah Leonard	Javelin	(3 <sup>rd</sup> )
	Herve Lord	Wheelchair 200m, 1500m	
	Wendy Phillips	Discus	(1 <sup>st</sup> )
	Rachel Robichaud	Race Walk	(1 <sup>st</sup> )
	Craig Taylor	Coach	
	Leanne Wall	100m Hurdles	
1989	Saskatoon, SK		
	Bruce Deacon	10,000m	
	Phillip Hughes	400m	(2 <sup>nd</sup> )
	James Kilborn	10km Walk	(1 <sup>st</sup> )
	Mike Reichert	Discus, Shot Put,	(1 <sup>st</sup> )
	Ray Seguin	High Jump	
	Steve Yorston	110m Hurdles	(1 <sup>st</sup> )
1985	St. John, NB		
	Adrian Baird	10,000m	
	Phillip Huges	400m Hurdes, 4x400m	(1 <sup>st</sup> / 2 <sup>nd</sup> )
	Rob Lindsay	Pole Vault	(1 <sup>st</sup> )
	Kerry Munro	Triple Jump	(3 <sup>rd</sup> )
	Kent Thexton	1500m	
1981	Thunder Bay, ON		
	Armstrong, Alison	Heptathlon	(3 <sup>rd</sup> )
	Leslie Estwick	Heptathlon, High Jump	
	Ann Peel	5000m Walk	(1 <sup>st</sup> )
	Craig Taylor	Long Jump - ON	(2 <sup>nd</sup> )

1977	St. John's, NF&L Barry Darling Ken Porter Craig Taylor	Javelin Coach - Alberta Long Jump - BC	
1973	Burnaby, BC Ken Porter	Coach - Alberta	
1969	Dartmouth, NS Bill Heikkila	Javelin	(1 <sup>st</sup> )

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## Notes & Historical References

### Statistical Lists

The research for this historical data was initiated in April 2006 and first published that October. "All available data" was carefully reviewed and referenced. We are however constantly looking for additional results not yet reviewed. If a "blank" or any data is missing on a performance list, it is because the performance specifics have not been finalized and we are looking for further validation. To be valid, all information of a performance must be listed.

### International Teams, Champions & Medalist Lists

If a national or provincial "championship category" is not listed for a particular year, this indicates the materials for those championship have been researched and no medals were awarded to club members. As a result, the championships category has been removed for that particular year. If materials for a championship category have not yet been found, the category will still remain on the list with a "question mark" for that year.

### History

During the 1970's and 1980's, there were many Clubs in the City of Ottawa. Prior to 1988, only athletes and coaches listed as members of the original club, the East Ottawa Lions / founded in 1973 / Bob Staveley - Head Coach, have been listed to the best of our knowledge applying existing records, national / provincial rankings and annual coaching reports.

In 1989, the amalgamation of several clubs and coaching leaders created the new "Ottawa Lions". The few clubs that chose not to be included in this structure would eventually disappear within only a few years. The City of Ottawa and it's surrounding regions came to be served by one effective "all-inclusive" approach to the sport. The Ottawa Lions organization continues to be a unique within Canada, providing leadership, coaching and service to our sport from coast to coast.

It is our intent to recognize and enshrine the achievements of our both our athletes and coaches. It is their efforts and their achievements that better serve the "Lions Legacy". This history will assist current and future athletes to excel ... offering a reference of achievement, of terms of expectation and of aspiration to excellence.

These Lists and Rankings will be reviewed, updated and re-posted on a biannual basis each April and October. If you know of anyone who has any historical resources that will aid in the completion of our historical lists please contact us.

Andy McInnis - Director  
(October 2006)