

**2010 Canadian National Youth Track & Field  
Championships**  
Sponsored by  
***The Royal Canadian Legion***

# Meet Schedule

(February 6, 2010)

## *Day 1 - Friday, August 6<sup>th</sup>*

Day 1 - Track Events						
Time	Event #	Event	M/F	Category	Round	Info
12:00		100m Octathlon	M	U18	C-E	1 <sup>st</sup> event of 5 events on Day 1
		80m Hurdles	F	U16	Prelim	
		100m Hurdles Heptathlon	F	U18	C-E	1 <sup>st</sup> event of 4 events on Day 1
		100m Hurdles	F	U18	Prelim	
		100m Hurdles	M	U16	Prelim	
		110m Hurdles	M	U18	Prelim	
		1200m	F	U16	Final	Sections against Time
		1200m	M	U16	Final	Sections against Time
		100m	F	U16	Prelim	
		100m	M	U16	Prelim	
		100m	F	U18	Prelim	
		100m	M	U18	Prelim	
		MEDAL PRESENTATIONS				
		80m Hurdles	F	U16	Final	2 Section Final
		100m Hurdles	F	U18	Final	2 Section Final
		100m Hurdles	M	U16	Final	2 Section Final
		110m Hurdles	M	U18	Final	2 Section Final
		1500m	F	U18	Final	Sections against Time
		1500m	M	U18	Final	Sections against Time
		MEDAL PRESENTATIONS				
		200m - Heptathlon	F	U18	C-E	4 <sup>th</sup> event & Final event of Day 1
		400m - Octathlon	M	U18	C-E	4 <sup>th</sup> event & Final event of Day 1

		4 x 100m Relay	F	U16	Finals	Branch Final & Club / School U16 Final.
		4 x 100m Relay	M	U16	Finals	Branch Final & Club / School U16 Finals
MEDAL PRESENTATIONS						
		4 x 100m Relay	F	U18	Finals	Branch Final & Club / School U18 Finals
		4 x 100m Relay	M	U18	Finals	Branch Final & Club / School U18 Finals
MEDAL PRESENTATIONS						

## 20:00 OPENING CEREMONIES

### Day 1 - Field Events

**Tentative Start Times - awaiting the close of entries for final start times. Events will not change days but they could move-up on start times published below**

Time	Event #	Event	M/F	Category	Round	Info
12:30		Triple Jump	M	U16	Final	
12:30		Javelin	M	U16	Final	Javelin - Runway B
12:30		Discus	F	U18	Final	
13:00		Shot Put	F	U16	Final	Shot Put Circle - A
13:00		Long Jump - Octathlon	M	U18	C-E	Event #2 - Day 1 - Shot Put - Circle B
13:30		High Jump - Heptathlon	F	U18	C-E	Event #2 - Day 1
14:30		Shot Put - Octathlon	M	U18	C-E	Event #3 - Day 1 - Shot Put - Circle B
15:45		Shot Put - Heptathlon	F	U18	C-E	Event #3 - Day 1
16:30		Discus	M	U18	Final	
16:00		Triple Jump	F	U16	Final	
16:30		Shot Put	M	U16	Final	Shot Put - Circle A
16:30		High Jump	M	U18	Final	

## Day 2 - Saturday, August 7<sup>th</sup>

### Day 2 - Track Events

Time	Event #	Event	M/F	Category	Round	Info
9:00		1500m Walk	F	U16	Final	
		1500m Walk	M	U16	Final	
		3000m Walk	F	U18	Final	
		3000m Walk	M	U18	Final	
MEDAL PRESENTATIONS						
		110m Hurdles - Octathlon	M	U18	C-E	6 <sup>th</sup> Event - Start of Day 2

		100m	F	U16	Finals	2 Section Final
		100m	M	U16	Finals	2 Section Final
		100m	F	U18	Finals	2 Section Final
		100m	M	U18	Finals	2 Section Final
		2000m	F	U16	Finals	Sections against time
		2000m	M	U16	Finals	Sections against time
		MEDAL PRESENTATIONS				
		300m	F	U16	Finals	Sections against time
		300m	M	U16	Finals	Sections against time
		MEDAL PRESENTATIONS				
		3000m	F	U18	Finals	Sections against time
		3000m	M	U18	Finals	Sections against time
		MEDAL PRESENTATIONS				
		400m	F	U18	Finals	Sections against time
		400m	F	U18	Finals	Sections against time
		MEDAL PRESENTATIONS				
		800m - Heptathlon	F	U18	C-E	7 <sup>th</sup> Event - Day 2 & Final Event
		1000m - Octathlon	M	U18	C-E	8 <sup>th</sup> Event - Day 2 & Final Event
		Medley Relay	F	U16	Finals	Branch Final & Club / School U16 Finals
		Medley Relay	M	U16	Finals	Branch Final & Club / School U16 Finals
		MEDAL PRESENTATIONS				

## Day 2 - Field Events

**Tentative Start Times - awaiting the close of entries for final start times. Events will not change days but they could move-up on start times published below**

Time	Event #	Event	M/F	Category	Round	Info
9:30		Hammer	F	U18	Final	
10:00		Long Jump	M	U18	Final	
10:30		Javelin	F	U16	Final	Javelin - Runway B
11:30		High Jump - Octathlon	M	U18	C-E	Event #6 - Day 2
12:00		Discus	M	U16	Final	
12:30		Shot Put	M	U18	Final	Shot Put - Circle A
13:00		Long Jump	F	U18	Final	
13:30		Long Jump - Heptathlon	F	U18	C-E	Event #5 - Start of Day 2
13:30		High Jump	F	U18	Final	
14:00		Pole Vault	M	U18	Final	
14:30		Javelin - Octathlon	M	U18	C-E	Event #7 - Day 2 - Javelin - Runway A

15:30		Shot Put	F	U18	Final	Shot Put - Circle A
15:30		Discus	F	U16	Final	
15:30		Javelin - Heptathlon	F	U18	C-E	Event #6 - Day 2 - Javelin - Runway A

## Day 3 - Sunday, August 8<sup>th</sup>

Day 3 - Track Events						
Time	Event #	Event	M/F	Category	Round	Info
9:00		200m	F	U16	Prelims	
		200m	M	U16	Prelims	
		200m	F	U18	Prelims	
		200m	M	U18	Prelims	
		800m	F	U16	Finals	Sections against time
		800m	M	U16	Finals	Sections against time
		300m Hurdles	F	U18	Finals	Sections against time
		300m Hurdles	M	U18	Finals	Sections against time
		MEDAL PRESENTATIONS				
		800m	F	U18	Finals	Sections against time
		800m	M	U18	Finals	Sections against time
		200m	F	U16	Finals	2 Sections against time
		200m	M	U16	Finals	2 Sections against time
		MEDAL PRESENTATIONS				
		200m	F	U18	Finals	2 Sections against time
		200m	M	U18	Finals	2 Sections against time
		MEDAL PRESENTATIONS				
		200m Hurdles	F	U16	Finals	Sections against time
		200m Hurdles	M	U16	Finals	Sections against time
		2000m Steeplechase	M	U18	Finals	Sections against time
		1500m Steeplechase	M	U16	Finals	Sections against time
		MEDAL PRESENTATIONS				
		1500m Steeplechase	F	U16	Finals	Sections against time
		2000m Steeplechase	F	U18	Finals	Sections against time
		4 x 400m Relay	F	U18	Finals	Branch Final & Club / School U18 Finals
		4 x 400m Relay	M	U18	Finals	Branch Final & Club / School U18 Finals
		MEDAL PRESENTATIONS				

**Day 3 - Field Events**

**Tentative Start Times - awaiting the close of entries for final start times. Events will not change days but they could move-up on start times published below**

Time	Event #	Event	M/F	Category	Round	Info
9:30		Hammer	M	U18	Final	
9:30		Javelin	F	U18	Final	Javelin - Runway B
9:30		Long Jump	F	U16	Final	
9:30		Long Jump	M	U16	Final	
10:30		High Jump	M	U16	Final	
12:30		Pole Vault	F	U18	Final	
13:30		Javelin	M	U18	Final	Javelin - Runway B
13:30		Triple Jump	F	U18	Final	
13:30		Triple Jump	M	U18	Final	
14:00		High Jump	F	U16	Final	