

2010 Legion National Youth Track & Field Championships

Meet Schedule

(Updated July 30, 2010)

Field Events - note changes in some field event start times
Track Events - heats / sections and advancement procedure
***may change* subject to scratches of entries after August 5th**

Day 1 - Friday, August 6th

Day 1 - Track Events						
Time	entries	Event	M/F	Category	Round	Info
12:00	7	100m Octathlon	M	U18	C-E	1 st event of 5 events on Day 1 1 heat
12:15	22	80m Hurdles	F	U16	Prelim	3 heats - Advance 1 st Place and 13 best times to a 2 section Final
12:30	14	100m Hurdles Heptathlon	F	U18	C-E	1 st event of 4 events on Day 1 2 heats
12:40	16	100m Hurdles	F	U18	Prelim	2 heats - Advance Top 2 Finishers and all times to a 2 section Final
12:55	14	100m Hurdles	M	U16	Prelim	2 heats - Advance Top 2 Places and all times to a 2 section Final
13:15	25	110m Hurdles	M	U18	Prelim	4 heats - Advance 1 st Place and 12 best times to a 2 section Final
13:40	37	1200m	F	U16	Final	2 sections vs Time
13:55	31	1200m	M	U16	Final	2 sections vs Time
14:25	32	100m	F	U16	Prelim	4 heats - Advance 1 st Place & 12 best times to a 2 section Final
14:40	25	100m	M	U16	Prelim	4 heats - Advance 1 st Place & 12 best times to a 2 section Final
14:55	29	100m	F	U18	Prelim	4 heats - Advance 1 st Place and 12 best times to a 2 section Final
15:15	31	100m	M	U18	Prelim	4 heats - Advance 1 st Place and 12 best times to a 2 section Final
15:40		MEDAL PRESENTATIONS - 1200m (U16) & concluded Field Events				
16:00	16	80m Hurdles	F	U16	Final	2 Section Final vs Time
16:15	16	100m Hurdles	F	U18	Final	2 Section Final vs Time
16:30	16	100m Hurdles	M	U16	Final	2 Section Final vs Time
16:45	16	110m Hurdles	M	U18	Final	2 Section Final vs Time
17:00	30	1500m	F	U18	Final	2 Section Final vs Time

17:15	38	1500m	M	U18	Final	3 Section Final vs Time
17:35		MEDAL PRESENTATIONS - All Hurdle Events (U16 / U18), Field Events concluded				
18:00	14	200m - Heptathlon	F	U18	C-E	4 th event & Final event of Day 1 2 heats
18:15	7	400m - Octathlon	M	U18	C-E	4 th event & Final event of Day 1 1 heat
18::25	Tba	4 x 100m Relay	F	U16	Finals	Branch Final & Club / School U16 Finals. - 3 heats
18:40	Tba	4 x 100m Relay	M	U16	Finals	Branch Final & Club / School U16 Finals - 3 heats
18:55		MEDAL PRESENTATIONS - 1500m (U18), Field Events concluded				
19:15	Tba	4 x 100m Relay	F	U18	Finals	Branch Final & Club / School U18 Finals - 3 heats
19:30	Tba	4 x 100m Relay	M	U18	Finals	Branch Final & & Club / School U18 Finals - 3 heats
19:45		MEDAL PRESENTATIONS - All 4 x 100m Relay Events and any remaining field events				

OPENING CEREMONIES - 8:00 PM

Day 1 - Field Events						
Time	Entries	Event	M/F	Category	Round	Info
12:30	14	Triple Jump	M	U16	Final	
12:30	13	Javelin	M	U16	Final	Javelin - Runway B
12:30	12	Discus	F	U18	Final	
13:00	15	Shot Put	F	U16	Final	Shot Put Circle - A
13:00	7	Long Jump - Octathlon	M	U18	C-E	Event #2 - Day 1
13:30	14	High Jump - Heptathlon	F	U18	C-E	Event #2 - Day 1
14:30	7	Shot Put - Octathlon	M	U18	C-E	Event #3 - Day 1 Shot Put - Circle B
15:45	14	Shot Put - Heptathlon	F	U18	C-E	Event #3 - Day 1 Shot Put - Circle B
16:30	16	Discus	M	U18	Final	
16:00	15	Triple Jump	F	U16	Final	
16:30	10	Shot Put	M	U16	Final	Shot Put - Circle A
16:30	19	High Jump	M	U18	Final	Opening Height - See Tech Info

Day 2 - Saturday, August 7th

Day 2 - Track Events						
Time	Entries	Event	M/F	Category	Round	Info
9:45	5	1500m Walk	F	U16	Final	1 Section M/F - Combined to 1 race
	X	1500m Walk	M	U16	Final	
	1	3000m Walk	F	U18	Final	1 Section M/F - Combined to 1 race
	1	3000m Walk	M	U18	Final	
10:30		MEDAL PRESENTATIONS - All Walk Events & any events still outstanding from Day One				
11:00	7	110m Hurdles - Octathlon	M	U18	C-E	6 th Event - Start of Day 2
11:15	16	100m	F	U16	Finals	2 Sections against time
11:25	16	100m	M	U16	Finals	2 Sections against time
11:35	16	100m	F	U18	Finals	2 Sections against time
11:45	16	100m	M	U18	Finals	2 Sections against time
12:00	23	2000m	F	U16	Finals	1 Section
12:15	23	2000m	M	U16	Finals	1 Section
12:30		MEDAL PRESENTATIONS - All 100m Events & any Field Events - Track Break until 13:30				
13:30	38	300m	F	U16	Finals	5 sections vs Time
13:55	27	300m	M	U16	Finals	4 Sections vs Time
14:10		MEDAL PRESENTATIONS - 2000m (U16) & Field Events				
14:30	16	3000m	F	U18	Finals	1 section
14:45	22	3000m	M	U18	Finals	1 section
15:00		MEDAL PRESENTATIONS - 300m (U16) & Field Events				
15:20	37	400m	F	U18	Finals	5 Sections vs Time
15:40	36	400m	M	U18	Finals	5 Sections vs Time
16:00		MEDAL PRESENTATIONS - 3000m (U18) & Field Events				
16:30	Tba	Medley Relay 400 - 200 - 200 - 800	F	U16	Finals	Branch Final & Club / School U16 Finals - 3 heats
16:50	Tba	Medley Relay 400 - 200 - 200 - 800	M	U16	Finals	Branch Final & Club / School U16 Finals - 3 heats
Tba	14	800m - Heptathlon	F	U18	C-E	7 th Event - Day 2 & Final Event 1 section
Tba	7	1000m - Octathlon	M	U18	C-E	8 th Event - Day 2 & Final Event 1 section
17:10		MEDAL PRESENTATIONS - 400m (U18), Heptathlon & Octathlon (U18), Medley Relays (U16) and any Field Events concluded				

Day 2 - Field Events

Time	Entries	Event	M/F	Category	Round	Info
9:30	6	Hammer	F	U18	Final	
10:30	14	Long Jump	M	U18	Final	
11:00	10	Javelin	F	U16	Final	Javelin - Runway B
11:45	7	High Jump - Octathlon	M	U18	C-E	Event #6 - Day 2
12:00	13	Discus	M	U16	Final	
12:30	15	Shot Put	M	U18	Final	Shot Put - Circle A
12:30	16	Long Jump	F	U18	Final	
13:00	14	Long Jump - Heptathlon	F	U18	C-E	Event #5 - Start of Day 2
14:30	8	Pole Vault	M	U18	Final	Opening Height - Refer to Tech Info
14:30	7	Javelin - Octathlon	M	U18	C-E	Event #7 - Day 2 Javelin - Runway A
15:00	19	High Jump	F	U18	Final	Opening Height - Refer to Tech Info
15:30	18	Shot Put	F	U18	Final	Shot Put - Circle A
15:30	13	Discus	F	U16	Final	
15:30	14	Javelin - Heptathlon	F	U18	C-E	Event #6 - Day 2 Javelin - Runway A

Day 3 - Sunday, August 8th**Day 3 - Track Events**

Time	Entries	Event	M/F	Category	Round	Info
9:00	39	200m	F	U16	Prelims	5 heats - Advance 1 st Place and 11 best times to a 2 section Final
9:25	25	200m	M	U16	Prelims	4 heats - Advance 1 st Place and 12 best times to a 2 section Final
9:45	37	200m	F	U18	Prelims	5 heats - Advance 1 st Place and 11 best times to a 2 section Final
10:05	41	200m	M	U18	Prelims	6 heats - Advance 1 st Place and 10 best times to a 2 section Final
10:35	34	800m	F	U16	Finals	3 sections vs Time
10:50	25	800m	M	U16	Finals	2 sections vs Time
11:15	35	300m Hurdles	F	U18	Finals	5 sections vs Time
11:40	37	300m Hurdles	M	U18	Finals	5 sections vs Time
12:00		MEDAL PRESENTATIONS - Field Events, concluded and 800m (U16)				
12:45	29	800m	F	U18	Finals	3 sections vs Time
13:05	50	800m	M	U18	Finals	5 sections vs Time
13:35	16	200m	F	U16	Finals	2 Sections vs Time
13:45	16	200m	M	U16	Finals	2 Sections vs Time
13:55		MEDAL PRESENTATIONS - 300m Hurdles (U18), 800m (U18)				

14:10	16	200m	F	U18	Finals	2 Section Final vs Time
14:20	16	200m	M	U18	Finals	2 Section Final vs Time
14:30		MEDAL PRESENTATIONS - Field Events				
14:45	15	200m Hurdles	F	U16	Finals	2 sections vs Time
14:55	15	200m Hurdles	M	U16	Finals	2 sections vs Time
15:10	13	2000m Steeplechase	M	U18	Finals	1 section
15:25	6	1500m Steeplechase	M	U16	Finals	1 section
15:35		MEDAL PRESENTATIONS - 200m Events (U16 / U18), 200m Hurdles (U16), Field Events				
15:25	7	1500m Steeplechase	F	U16	Finals	1 section
15:35	10	2000m Steeplechase	F	U18	Finals	1 section
15:50	Tba	4 x 400m Relay	F	U18	Finals	Branch Final & Club / School U18 Finals - 3 sections
16:05	Tba	4 x 400m Relay	M	U18	Finals	Branch Final & Club / School U18 Finals - 3 sections
4:20		ALL MEDAL PRESENTATIONS - All Steeplechase Events, All 4 x 400m Relays, Field Events remaining				

Day 3 - Field Events

Time	Entries	Event	M/F	Category	Round	Info
9:30	11	Hammer	M	U18	Final	
9:30	12	Javelin	F	U18	Final	Javelin - Runway B
10:00	21	Long Jump	F	U16	Final	
10:00	15	Long Jump	M	U16	Final	
10:00	20	High Jump	M	U16	Final	Opening Height - Refer to Tech Info
11:45	8	Pole Vault	F	U18	Final	Opening Height - Refer to Tech Info
12:30	12	Javelin	M	U18	Final	Javelin - Runway B
13:30	21	Triple Jump	F	U18	Final	
13:30	22	Triple Jump	M	U18	Final	
13:30	16	High Jump	F	U16	Final	Opening Height - Refer to Tech Info