

Meet Schedule - Saturday, Feb. 11th

Track Events		Field Events	
11:00	60m Hurdles - Section Finals Youth U18 - M/F (Youth Hurdle Standards)	11:30	Long Jump - Youth U18 followed by Uni & Open M ** Limited to 4 jumps
11:15	60m Hurdles Qualifying - Uni / Open F / M top 12 - Males / 12 Females Advance to Finals	11:30	Shot Put Youth U18 M & Uni/Open M Combined
11:45	1000m - Finals - Uni / Open M / F 1000m - Finals - Youth U18 - M / F	12:00	Pole Vault Youth U18 F & Uni/Open F Combined
12:15	600m - Finals - Uni / Open M / F 600m - Finals - Youth U18 - M / F	12:00	High Jump Youth U18 M & Uni/Open M Combined
12:40	60m Qualifying - Youth U18 - M / F top 12 Males & 12 Females advance to finals	12:30	Shot Put Youth U18 F & Uni / Open F Combined
1:00	60m Qualifying - Uni / Open M / F top 12 males & 12 females advance to 2 sec. finals	1:00	Long Jump - Youth U18 F followed by Uni & Open F ** Limited to 4 jumps
1:30	3000m - Youth U18 - M / F	1:30	High Jump Youth U18 F & Uni / Open F Combined
1:45	60m Hurdles - Final - Uni / Open M / F	2:00	Pole Vault Youth U18 M & Uni / Open M Combined
2:05	3000m - Uni / Open - M / F	2:30	Triple Jump - Uni & Open M / F (Combined) ** Limited to 4 Jumps
2:30	60m Finals - Youth U18 - M / F	<p style="text-align: center;">All Results</p> <p style="text-align: center;">www.ottawalions.com</p>	
2:45	60m - Finals - Uni / Open M / F		
3:05	300m - Finals - Youth U18 - M / F 300m - Finals - Uni / Open M / F		
3:40	1500m - Finals - Uni / Open M / F 1500m - Finals - Youth U18 - M / F		
	TRACK BREAK - 20 MINUTES		
	4 x 200m Relays - Youth U18 - M / F 4 x 200m Relays - Uni / Open M / F		
	4 x 400m Relays - Youth U18 - M / F 4 x 400m Relays - Uni / Open M / F		